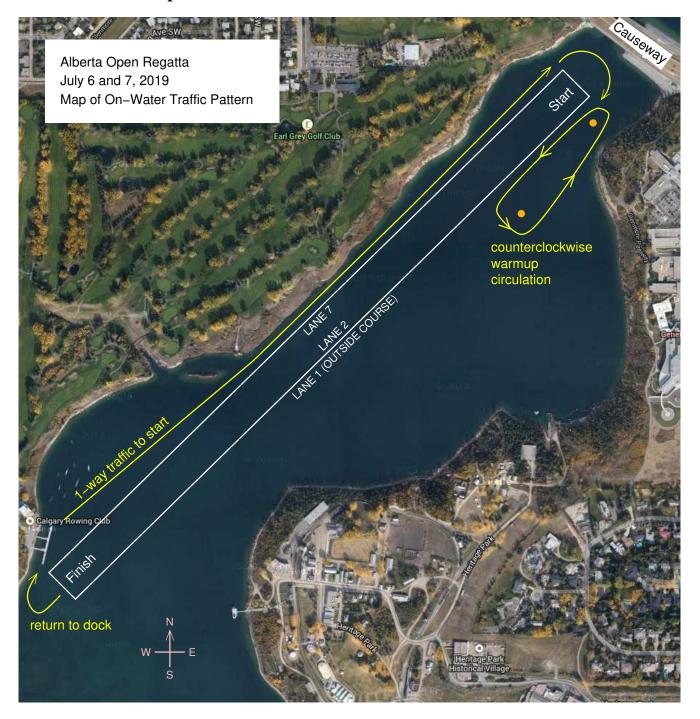
Traffic Pattern Map and Notes



Cautions:

- **Rowing to the start area:** There is plenty of room between the shore and Lane 7. However, *the shoreline is not at all straight*, and bow-persons must be very careful to avoid either running into shore or drifting dangerously close to the race course. As normal at all regattas, boats heading to the start must stop rowing and maintain a safe distance from the course when a race goes by them.
- Crossing to the warmup area: Row outside the course, between the start line and the Glenmore Causeway, staying well away from any race that is about to start.
- Warmup area: Please observe counterclockwise circulation, and please watch carefully for other boats at all times!